



2021 Conference Agenda August 27-28, 2021

Goals:

- Reduce the stigma of mental illness
- Activate and engage faith communities to help support families and individuals living with a mental health disorder
- Bring faith community leaders and mental health practitioners together to provide better community-wide support
- Provide information on resources for community members
- Promote community inclusion

Live Internet Plenary and Workshop Sessions

FRIDAY, AUGUST 27

9:40 AM	Welcome	Doug Beach, Chair, 2021 Pathways to Hope Conference; and Rev. Veron Blue, International Family Life Ministries
9:50 AM	Words of Inspiration	Rev. Dr. Kenneth Kemp, M.D, Sr. Pastor, Antioch Missionary Baptist Church
9:55 AM	Remarks	Mayor Ron Nirenberg, City of San Antonio <i>“Imagining a Compassionate Community”</i>
10:05 AM	<u>Plenary 1</u>	Dr. Miriam Delphin-Rittmon (Assistant Secretary for Mental Health and Substance Use, U.S. Department of Health and Human Services, and Administrator of the Substance Abuse and Mental Health Services Administration)
10:25	<u>Plenary 2</u>	Former U.S. Rep., Dr. Tim Murphy (Former politician, psychologist, and author of <i>Helping Families in Mental Health Crisis Act, 2016</i>)
11:00 AM – 11:15 AM	Break to Workshops	

11:15 AM – 12:30 PM

Workshop Session I

- **Faith Community** *“Organizing a [Bridges to Care](#) Cohort in Your Community”*
(Rev. Veron Blue, Family Life International Ministries; and Rev. Ann Helmke, Faith Liaison, City of San Antonio)
- **Mental Health** *“Ask the Docs”* (Dr. Dan Morehead, Tufts Univ. School of Medicine; and Dr. Sidney Hankerson, Columbia Univ. School of Medicine)
- **Peer Programs** *“Managing my Mental Health in COVID Times”*
(Tanya Ryder, M.Ed., Dir. Justice, Equity, Diversity, Inclusion, NAMI National; Vesper Moore, Jasmine Quiñones- Kiva Center of Massachusetts)
- **Therapy/Counseling** *“Suicide Prevention and Youth”* (Elizabeth Hand, MTBC, Music Therapist; and Mary Beth Fisk, CEO, The Ecumenical Center for Education, Counseling, and Health)

12:30 PM – 1:00 PM

Break to Workshops

1:00 PM – 2:15 PM

Workshop Session II

- **Faith Community** *“Resourcing and Partnering within [Bridges to Care San Antonio](#)”* (Rev. Justin Lindstrom, Pastor, Christ Episcopal Church; and Rev. Ann Helmke, Faith Liaison, City of San Antonio)
- **Mental Health** *“Diversity, Equity, and Inclusion in Mental Health Care”*
(Sherman Gillums, Jr., NAMI National Chief Strategy and Operations Officer; Dr. Charma Dudley, PLC, Associate Director of Behavioral Health Services, and a licensed psychologist at Beacon Health Options in Pittsburgh, PA; and Jocelyn Fowler, Staff Attorney, Supreme Court of Texas Children’s Commission)

- **Peer Programs** *“How Do I Find the Right Therapist and Psychiatrist in a Virtual World: Cultural Competency, Technology, and Access”* (Tanya Ryder, M.Ed., Dir. Justice, Equity, Diversity, Inclusion, NAMI National; Luis Suarez, Founder, [Sanarai](#); and Juan Veléz Court, Peer Support Specialist Coordinator, Administración de Servicios de Salud Mental y Contra la Adicción)
- **Therapy/Counseling** *“Racism, Trauma and ACES”* (Dawn Brown, NAMI National Consultant: Sharing Hope, FaithNet; Nathaniel McLeroy, Manager of Youth and Community Engagement, AXON; and Arnold Fosah, PMHNP)

2:15 PM – 2:30 PM

Break to Workshops

2:30 PM – 3:45 PM

Workshop Session III

- **Faith Community** *“Training Components and Evaluating Impact of [Bridges to Care San Antonio](#) within a Cohort”* (Geri Gregory, Bridges to Care Coordinator; Dr. Susan Korbel, CEO, Core Research; and Rev. Ann Helmke, Faith Liaison, City of San Antonio)
- **Mental Health** *“Dealing with a Mental Health Crisis: SMART Teams”* (Beverly Watts Davis, Director, Westcare of Texas; Mike Lozito, Director, Bexar County Office of Judicial Services; and Sarah Hogan, Director, Southwest Texas Crisis Collaborative)
- **Peer Programs** *“BAM-Break the Stigma, Ask for Help, Make the Call, Make the Change”* (Mr. Tracy Johnson, Managing Partner, SheRay’s and Associates)
- **Therapy/Counseling** *“Trauma Informed Care: Next Steps”* (Randy McGibeny, COO, Child Safe; Mary Beth Fisk, CEO The Ecumenical Center for Education, Counseling, and Health; and Colleen Bridger, MPH, Ph.D., Colleen Bridger Consulting)

3:45 PM

DAY 1 CLOSE

SATURDAY, AUGUST 28

9:30 AM	Welcome	Doug Beach, Chair, 2021 Pathways to Hope Conference; and Rev. Veron Blue, Family Life International Ministries
9:35 AM	Words of Inspiration	Dr. Rajam Ramamurthy, Emeritus Professor, Department of Pediatrics, UT Health San Antonio; Member, Interreligious Council of San Antonio; and San Antonio Peace Laureate
9:45 AM	Remarks/Award	Pathways to Promise: Lifetime Achievement Award and Mental Health Champion Award (Presented by Rev. Jermine Alberty, BSB/M, M. Div, Executive Director, Pathways to Promise)
10:15 AM	<u>Plenary 1</u>	Dr. Paula Dobbs-Wiggins, Chair, Board of Directors, Parkland Hospital, Dallas, Board Certified Psychiatrist and Distinguished Fellow of the American Psychiatric Association, Ordained Pastor and Recently Retired Professor of the Practice of Pastoral Care at Perkins School of Theology, Southern Methodist University
10:45 AM	<u>Plenary 2</u>	<i>“Soul Stories: Bridges to Care and My Life”</i> (Renia Lavender, Family Life International Ministries; Dominique Anderson, New Creation Christian Fellowship; Sydney Randall, Family Life International Ministries; and Veron Blue, Bridges to Care San Antonio)
11:10 AM	<u>Plenary 3</u>	<i>“Supportive Communities and Wellness: How Bridges to Care Has Changed our Faith Community”</i> (Aprill Williams, Vertical Church; Dr. Andy Gray, Kingdom Life Christian Ministries; Bishop Alfred Blue, Family Life International Ministries; and Veron Blue, Bridges to Care San Antonio)
11:50 AM	<u>Plenary 4</u>	<i>“Finding Our Way: Addressing Mental Health Care Inequities”</i> (Dan H. Gillison, Jr., NAMI National CEO)
12:20 PM – 1:00 PM	Break to Workshops	

1:00 PM – 2:30 PM

Workshop Session IV

- **Faith Community** **Open Networking Session:** NAMI FaithNet: Building Community Collaborations
 - San Antonio “Moving Forward with Bridges to Care San Antonio” (Rev. Ann Helmke, Faith Liaison, City of San Antonio)
 - North Texas / Dallas “Enhancing Collaboration in the North Texas Mental Wellness Community” (Rev. Velda Turnley, St. Luke “Community” United Methodist Church; Dr. Athena Trentin, Executive Director, NAMI North Texas; and Bud Browne, Co-founder, Mental Wellness Alliance)

- **Mental Health** **Open Networking Session:** “Housing: Crisis in Long Term Care” (Bill Glenn, NAMI San Antonio Board Member; Mark Wittig, Board President, Housing First Community Coalition; Brandee Perez, COO, San Antonio Housing Authority; and Cecil King, Center for Health Care Services Housing Program)

- **Peer Programs** **Open Networking Session:** Peer Discussion Group (Martin Gromulat, Esquire, Founder, Mental Health Advocacy and Resilience; NAMI National Leadership Peer Leadership Council: Aimée Folker, Sierra Grandy, Lori Schectman, Andrea Kolbe, Brenda Adams, Bob Crayton; and Tanya Ryder, M.Ed., Dir. Justice, Equity, Diversity, Inclusion, NAMI National)

- **Therapy/Counseling** “La Familia: Mental Health and the Hispanic Community” (Dr. Zoricelis Davila, LPC-S)

2:30 PM

2021 CONFERENCE CLOSE / CONFERENCE EVALUATION