

# Pathways to Hope

*Better Together! + ¡Mejores Juntos!*

**Friday, August 25 @The Tobin Center for the Performing Arts**

**9:00am-10:00am**

**Opening Plenary #1**

The Rev. Justin Lindstrom, Judge Peter Sakai, Bexar County Judge, Eric Smith, Living in Community with a Mental Illness, Rawle Andrews, Jr., Esq., Executive Director of the American Psychiatric Association Foundation - "Getting the Whole Community Involved"

**10:00am-10:15am**

**Break**

**10:15am-11:15am**

**Workshop I**

**Compassion to Action: Donna Costa**

Creating Conversations about Mental Health in Faith Communities [Donna Costa, LMSW]  
1910 Church, New Creations Fellowship, True Vine Church

**Celebrating Diversity: Dr. Trevor Alexander**

African American Communities: I Heard it Through the Grapevine  
Sharing Hope (video) and Family Story

**Human and Community Flourishing: Keely Petty, PhD.**

Coming Together as a Community  
Westcare of Texas, Rapha Cohort, NAMI Bridges to Care

**Justice and Mercy: Letty Dominguez**

Courts - Navigating the Justice System [Judge Yolanda Huff]

Sally Uncafor, Bexar County Deputy D.A.; Judge Yolanda Huff, Bexar County Mental Health Court

**11:15am-11:30am**

**Break**

**11:30am-12:30pm**

**Workshop II**

**Compassion to Action: Angelica Cervantes**

Access to Care for Under Resourced Communities [Angelica Cervantes, LCSW-S]  
CHCS Eastside Clinic, NOW Clinic (Southside), YWCA

**Celebrating Diversity: Norma Quintero**

Hispanic Communities [Pastor Norma Quintero, Pastor Olga Rodriguez]  
"La ropa sucia se lava en casa" Compartiendo Esperanza (video) : A Family Story

**Human and Community Flourishing: Doug Beach**

Community Mental Health [Rawle Andrews, Jr. and panel]

Rev. Dr. Que English

**Justice and Mercy: Jessie Higgins**

Building Cultures of Wellness - Law Enforcement, Mental Health, and the Community  
Veronica Drake, 100 Club; Sgt. Tina Baron, SAPD Officer Wellness

**12:30pm-1:15pm**

**Lunch**

**1:15pm-2:15pm**

**Workshop III**

**Compassion to Action: Ann Helmke**

Housing as Health Panel: Property with A Purpose Campaign  
Stanley Wilson, Senior Pastor, Abundant Life Christian Fellowship  
Courtney Laverty, CEO, The THRU Project

Bill Glen, CoLead, Housing via Faith Community Collaborative  
Mark Carmona will facilitate the conversation. Chief Housing Officer, City of San Antonio

**Celebrating Diversity: Donna Costa**

Youth Speaking Up: Social Media, Isolation and Substance Use [Donna Costa]  
SA Youth, Clarity Child Guidance Center, Bridges to Care/Youth

**Human and Community Flourishing: Mary Beth Fisk**

Lessons Learned: Uvalde [Mary Beth Fisk, Niki Henderson, Jessica Ruff]

**Justice and Mercy: Leticia Dominguez**

Building Support Systems to help reentry after incarceration and/or hospitalization (Aida Negron, Dr. Doshie Piper)

**2:15pm-2:30pm**

**Break**

**2:30pm-3:30pm**

**Workshop IV**

**Compassion to Action: Leticia Dominguez**

Recovery Communities: Mental Illness, living in community and reintegration [Gilbert Gonzales, Bexar County-Dir. Mental Health Unit; HKS Architects; Mark Carmona-COSA Chief Housing Officer; Edw. Gonzales-Town Twin Village]

**Celebrating Diversity: Ann Helmke**

# Pathways to Hope

## Better Together! + ¡Mejores Juntos!

Dr. Eric Castillo (pronouns: he/him/él), Chief Diversity, Equity, and Inclusion Officer, Office of the Chancellor, Alamo Colleges District.

Rev. Bethany Hull Somers. Senior Pastor, Grace Lutheran Church (home to Corazon Ministries, CAM, and welcoming to LGBTQI) MDiv Duke Divinity followed by 20 years of pastoral service

### **Human and Community Flourishing: Justin Lindstrom**

Diverse Cultures in Community [Sumeyra Tek]

Mignon Jones-Span

### **Justice and Mercy: Jessie Higgins**

Jail Based Competency Restoration

Annie Cortez, CHCS Clinical Administrator; Denise Descoteaux, Director of Mental Health, Mental Health Department, University Health, Detention Health Care Services

### **Break/Travis Park Street Choir**

### **Closing Celebration Plenary #2**

Travis Park Street Choir, Mayor Ron Nirenberg, Mayor of San Antonio - “Community Leading the Way”, Dr. Kara Allen, Spurs - “Community Partnerships Impact on Mental Health”

3:30pm-3:45pm

3:45pm-4:15pm

## Saturday, August 26 @The Tobin Center for the Performing Arts

8:00am-8:45am

### **Multi-Faith Prayer Time and Space**

The Rev. Wyndee Holbrook, Interfaith San Antonio Alliance and Festival of Faiths San Antonio

8:45am-9:00am

### **Break**

9:00am-10:00am

### **Opening Plenary #3**

The Rev. Justin Lindstrom, Bishop Vashti Murphy McKenzie, Presiding Bishop for the AME Church, The Rev. Mike Marsh, Rector of St. Philip’s Episcopal Church, Uvalde, Texas

10:00am-10:15am

### **Break**

10:15am -11:45am

### **Seminar A**

#### **Compassion and Connectedness: The Rev. Ann Helmke**

From CompassionateSA to CompassionateUSA – one city to an entire country, one person to an entire community, self compassion to systemic compassion, collective trauma to collective healing.

What is needed to be compassionate and connected in daily support each other in complex times and through the next traumatic event? How can we be more compassionate?

#### **Substance Abuse and Mental Health: Jessie Higgins**

Building a Community of Recovery

Dr. Christine Mayer, CEO, Blue Heron Recovery; Dr. Jennifer Potter, Vice President for Research, Professor of Psychiatry and Behavioral Sciences, UT Health San Antonio, Be Well Texas; Justin Lindstrom, Christ Episcopal Church

#### **Companionship: Part I - Keely Petty, PhD.**

Bridges to Care San Antonio Companionship Training Module

11:15am-12:30pm

### **Lunch**

12:30pm-2:00pm

### **Seminar B**

#### **Companionship: Part II - Keely Petty, PhD.**

Bridges to Care San Antonio Companionship Training Module

#### **Relationships: Justin Lindstrom/Donna Costa**

Deeply connected and trusting friendships and relationships are key to us feeling healthy, thriving, and flourishing. We are better together.

Are you content with your friendships and relationships? Are your relationships satisfying? How do we develop peer-to-peer relationships? How can we be companions along the way for each other?

#### **Mental Health Resources: Norma Quintero**

In Spanish, Under Resourced Groups

2:00pm-2:10pm

### **Break**

2:10pm-2:30pm

### **Closing Celebration Plenary #4**

The Rev. Justin Lindstrom, The Rev. Scott Heare, H. E. Butt Foundation